

SUGGESTED USE: Six tablets daily with meals as a dietary supplement, or as directed by a physician.

WARNING:

1. Do not use if outer seal is broken.
2. If taking any prescription drug, consult physician before use.
3. Do not use for pernicious anemia, or if you have hemochromatosis or hemosiderosis.
4. Read brochure inside bottle before use.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in a cool, dry place.

Distributed by
American Pro-Life Enterprise XXI
P.O. Box 1281 · Powell, OH 43065-1281 USA
740.881.5520 · www.kuhar.com



Vita-Gyno

PLUS

Multivitamin & Multimineral Supplement

For use as part of a total dietary program to provide proper nutrition for Postmenopausal women

Instrurare omnia in Christo

180 Tablets

Supplement Facts

Serving Size 6 Tablets

Servings per Container 30

Amount per 6 Tablets	%DV
Vitamin A (as retinyl palmitate)	5000 IU 100%
Vitamin C	180 mg 300%
Vitamin D (as cholecalciferol)	400 IU 100%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU 1000%
Thiamine (as thiamine monohydrate)	10 mg 667%
Riboflavin	10 mg 588%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	20 mg 1000%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	125 mcg 2084%
Biotin	125 mcg 42%
Pantothenic Acid (as Ca Pantothenate)	10mg 100%
Calcium (as calcium citrate)	500 mg 50%
Iron (as amino acid chelate)	18 mg 100%
Iodine (as potassium iodine)	150 mcg 100%
Magnesium (as magnesium oxide)	600 mg 150%
Zinc (as amino acid chelate)	15 mg 100%
Selenium (as amino acid chelate)	200 mcg 286%
Copper (as amino acid chelate)	2 mg 100%
Manganese (as amino acid chelate)	10mg 500%
Chromium (as amino acid chelate)	200 mcg 167%
p-Aminobenzoic Acid (PABA)	25 mg
Betaine HCl	100 mg
Pancreatin 4X	93 mg
Inositol	50 mg
Hesperidin	35 mg
Rutin	25 mg
Boron (as boron aspartate)	3 mg

*Daily Value (DV) not established

Other Ingredients: Micosolle®, a silica-based excipient containing a non-ionic surfactant, cellulose and modified cellulose, silica, stearic acid, pharmaceutical glaze, magnesium stearate, natural flavor and cranberry powder as natural source of color.